

Hollywood School PTA 2008
"SUMMER OLYMPIC" Field Day
Activities for All Grades
4 teams per grade chosen by teacher

There are 8 activities/stations planned for this day for students. We will all be in the RB track this year (except for the obstacle course). This allows 10 min. at each station, which should be plenty of time to complete the activity. We will begin the activities at 11:00 and conclude at 12:20. Each station should have only one grade participate at a time. Individual students should be allowed to get drinks throughout the morning. A rest station will be one of the stations.

ACTIVITIES

1. China's Chopstick Relay

Fran Guerrieri & Amy Lodolce

2 hula hoops - 2 rubber chickens - 4 chopsticks - 2 "pans" - 2 poly dots

Kids line up in 2 lines with the first person from each team standing on a poly dot. The first student in line has two "chopsticks" and must pick up the rubber chicken from inside a hoop using only the sticks. They will have to bring the chicken down to their "stir-fry pan", then return the sticks to the next student in line, who then runs to the pan and must bring the chicken back to the hoop and the process continues until everyone has a turn. The first team to complete the task is the winning team.

2. Australia's Splash Down Under Sponge Race (Pre-2) & Splash ball Throw (3-5)

Laura Tracy & Paul Rurka

4 large water buckets - 4 sponges - 4 pitchers - 1 table / 4 buckets - 12 splash balls

PRE-2: **Sponge Race** - 4 teams line up with the first child in front of a water bucket. Each child must soak their sponge into the bucket of water. Then they run to a table with an empty pitcher and fill it by squeezing the water from the sponge into the pitcher. The sponge is passed to the next child in line. After every child has gone, the team with the most water wins. This race will be at the same station number as the Splash ball Throw for the 3rd-5th graders.

3-5: **SPLASH THROW** - 4 teams line up with the first child in front of the bucket of water. Each child has 3 splash balls to soak in the bucket and then throw for distance. The longest throw is recognized. Balls are recovered by the child and passed to the next child in line. This is not a competition, just an opportunity for each child to try his/her best throw. The throws must be overhand. Space kids far enough apart so they throw in separate areas.

3. Olympic Torch & Ball Relay (Pre-2) & Olympic Torch Relay (4 x 100 yd Relay) (3-5)

Rich Volpe & Steve Bowie

4 small cones - 4 "softee" balls - 4 buckets - 4 poly dots / 4 batons

PRE - 2: **OLYMPIC TORCH & BALL RELAY**- This is a relay race run on a much smaller course than the 4 x 100. Students line up in 4 teams. The first student will stand on a poly dot, holding a cone upside down with a "softee" ball on it and run to a bucket about 50' away. When they reach the bucket, they must drop the softee ball from the cone into the bucket, retrieve it, and run back with it to the next team member. This continues until each team member has a turn. The first team to complete the task is the winning team. If class size allows, you may run heats with the final two teams going head to head.

3-5: OLYMPIC TORCH RELAY (4 x 100 yd Relay) - This is a 4 x 100 yard relay raced on the running track at RB. Students will line up at their station on the course. The first person will start with a "torch" (baton) and it is passed to the next runner when he reaches the next runner. This is the "real" relay and we anticipate students will be more serious during this competition. Again, if class size allows, you may run heats with the final two teams going head-to-head.

4. Spain's Soccer Smash

Jane Smith & Suzanne McLaren

2 poly dots - 2 soccer balls - 2 cones - 2 soccer nets

Kids line up in 2 teams with the first person on each team standing on a poly dot. Students kick the ball to the cone and stop. Here they have 3 "penalty" kicks to kick the ball into the net. After the ball is in the net or the player has kicked 3 times, the child picks up the ball and runs it back to the next player in line. This will continue until all team members have had a turn. The first team to complete the task is the winning team.

5. Denmark's Discus Throw

Mel Tracy & Nicole DeMarco

4 poly dots - 4 Frisbees - 4 large cones - 4 hula hoops

Children are lined up in 4 teams with the first child on a poly dot. Cones are placed inside of hula hoops on the ground some distance away. Each child has 3 chances to throw the Frisbee into the hula hoop and get close to the cone. After 3 attempts, the child recovers the frisbee and passes it to the next child in line. This will continue until all team members have had a turn. If time allows after all are done, Frisbees can be thrown again for distance or pick up a hoop and see if they can throw it through the hoop.

6. Ireland's Potato Sack Race

Martha Carlson & Valerie Cronk

4 sacks - 4 poly dots - 4 cones

This one is familiar. Kids start on a poly dot and run to and back from the cone. Run this race in heats with the final two teams going head to head in a final competition.

7. Great Wall of China - Inflatable Obstacle Course

Art Perry & Dionne Mangan

Children will be able to run against a classmate in this large obstacle course with a climbing wall, tunnel and slide. Need parents at start and finish.

8. Russia's Rest Station

Joyce Clarkson, Kathy Barcal & Juli Spirios

Water - cups - snacks - garbage cans - beach balls

Students may drink and have a snack during this time. Maybe have the rest stop on the bleachers or somewhere in the shade. You will need water cooler, cups, snacks & garbage cans. Beach balls are there if the kids want to play with them.